

## Eating Disorders

- Caroline Arnold—*Too Fat, Too Thin? Do You Have a Choice?* (over-eating or under-eating)  
Cherie Bennett—*Life in the Fat Lane*  
Joe Cottonwood—*Babcock* (healthy eating)  
Chris Crutcher—*Staying Fat for Sarah Byrnes* (overweight)  
Adelle Davis and Ann Gildroy—*Let's Stay Healthy* (healthy eating)  
Barthe DeClements—*Nothing's Fair in Fifth Grade* (overweight girl)  
Sarah Dessen—*Keeping the Moon* (overweight)  
Eve Eliot—*Ravenous: The Stirring Tale of Teen Love, Loss, and Courage; Insatiable: The Compelling Story of Four Teens, Food, and Its Power*  
Lucy Frank—*I Am an Artichoke* (anorexia nervosa)  
Jan Greenberg—*The Pig-Out Blues* (overweight)  
Cathi Hanauer—*My Sister's Bones* (anorexia nervosa)  
Isabelle Holland—*Heads You Win, Tails I Lose* (overweight)  
Deborah Hutzig—*Second Star to the Right* (anorexia nervosa)  
Rebecca Josephs—*Early Disorder* (anorexia nervosa)  
Steven Levendron—*The Best Little Girl in the World* (anorexia nervosa)  
Robert Lipsyte—*One Fat Summer* (overweight)  
Jay McGraw—*The Ultimate Weight Solution for Teens: The 7 Keys to Weight Freedom*  
Susan Beth Pfeffer—*Marly the Kid* (overweight)  
Ellen Rabinowich—*Underneath I'm Different* (overweight)  
Marilyn Sachs—*The Fat Girl* (love; overweight)  
Marion Schultz—*The Girl Within* (overweight)  
Anne Snyder—*Goodbye, Paper Doll* (anorexia nervosa)  
Patti Stern—*I Was a Fifteen-Year-Old Blimp* (overweight)  
Susan Terris—*Nell's Quilt* (disease affecting weight)  
Laura Weeldreyer—*Body Blues: Weight and Depression*  
Margaret Willey—*The Bigger Book of Lydia* (anorexia nervosa)